

THE BALANCING ACT SINGAPORE

PRESENTS:

Blomberg Rhythmic Movement Training
and Movement Exploration - 2017

BRMT LEVEL 1 / LEVEL 2 / BRMT AND DIET IN AUTISM AND ADD/ADHD

Instructor:
Kate Wagner



Head of BRMT USA

BRMT

LEVEL 1

Course Detail

Date: **8 - 9 June 2017** (Saturday – Sunday) Time: 8.30am - 4.30pm daily
No pre-requisite required.

BRMT AND DIET IN AUTISM, ADD/ADHD AND OTHER BEHAVIOR OR HEALTH CONDITIONS

Course Detail

Date: **10 - 11 June 2017** Time: 9.00am - 4.00pm daily

LEVEL 2

Course Detail

Date: **13 - 14 June 2017** (Tuesday – Wednesday) Time: 9am – 4pm daily
Pre-requisite: BRMT Level 1 required.

For more information, please visit our website at www.thebalancingact.sg or email at angela.lim@thebalancingact.sg.

MOVING INTO RHYTHM WORKSHOP AND MOVEMENT EXPLORATION I (FIRST TIME IN SINGAPORE!)

Instructor:

Carol Ann Erickson

Creator and Founder of Movement Exploration Series
International Faculty Member,
Educational Kinesiology Foundation



MOVING INTO RHYTHM WORKSHOP (3 HOURS)

This is a workshop on early movement that build into Rhythmic Movement and Movement Exploration.

Course Detail

Date: **3 November 2017**
(Friday)

Time: 2.00 – 5.00 pm

Pre-requisite:
BRMT Level 1 + BG 101 or BG 170

(Participants who have enrolled for Movement Exploration I in Singapore can attend this workshop as part of your ME I training package.)

MOVEMENT EXPLORATION I

This is Part 1 of the Movement Exploration series, written and compiled by Carol Ann Erickson. In Movement Exploration I, we look at the development of the basic movement patterns from pre-birth to the present time.

Course Detail

Date: **4 – 7 November 2017**
(Saturday – Tuesday)

Time: 9am – 6pm daily

Pre-requisite: BG 101 or BG 170

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