



BLOMBERG RHYTHMIC MOVEMENT TRAINING

The original RMT backed by 25 years of clinical research and application.

Developed by the founder of RMT – Dr. Harald Blomberg

INSTRUCTOR: KATE WAGNER

RHYTHMIC MOVEMENT TRAINING LEVELS 1, 2, 3 AND DIET

CEUs available for some professions.

Kate has over 800 contact hours of training with Dr. Blomberg



Company Registration No. 201615877G

The Balancing Act Consulting SG Pte Ltd

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The Balancing Act Singapore Pte Ltd

WHO SHOULD ATTEND?

Physical Therapists, Occupational Therapists, Speech and Language Pathologists, Adaptive P.E. Teachers, Mental Health Care providers, Kinesiologists and Professionals involved with special needs children, adults or senior citizens, Parents or Caregivers of Individuals with Special Needs and Early Childhood Educators.

LEVEL 1 COURSE NO PRE-REQUISITE

BRMT and Primitive Reflexes

In this course, participants learn the basics of BRMT, how movements can be used to assist in regulating muscle tone and stimulating the connections within the brain, especially as they relate to impulse control and attention.

Some of the topics included in this course:

- The Triune Brain as a metaphor
- Development and primitive reflexes
- Brain Stem, Cerebellum, Basal Ganglia
- Identifying active primitive reflexes
- Movements to integrate these reflexes
- Reflexes covered – TLR, Amphibian, STNR, Babinski, Landau, Spinal Galant

Course Detail

Date: **8 - 9 June 2017**

Time: **8.30am - 4.30pm daily**

Venue: To be confirmed

BRMT AND DIET IN AUTISM, ADD/HD AND OTHER BEHAVIOR OR HEALTH CONDITIONS

No Pre-Requisite BRMT Level 1 Encouraged

This 2 day course deals with the great importance of diet and food supplements when working with rhythmic movements, not only in autism but also in ADHD, dyslexia and motor problems. Food intolerance is becoming more common and may interfere with the training outcomes. Food is medicine. You are what you eat.

This course teaches how to test for food intolerances and food supplements for themselves and their child or clients. The course also deals with primitive reflexes which are especially common in autism and how to conduct the training with children suffering from autism and ADD.

Reflexes taught in this class includes Fear Paralysis, Babkin, Grasp and Hands Pulling. Cerebellum, Limbic System and Prefrontal Cortex are reviewed.

Course Detail

Date: **10 - 11 June 2017**

Time: **9.00am - 4.00pm daily**

Venue: To be confirmed

LEVEL 2 COURSE
PRE-REQUISITE:
BRMT LEVEL 1 OR EC PART 1

Emotions and Inner Healing:
The Limbic System and Self-regulation

This intermediate level course addresses how BRMT affects emotional regulation. Participants will learn movements to support the connection of the limbic system to the prefrontal cortex and techniques to modulate emotional responses.

Some topics included in this course:

- Emotional development
- Moro & Fear Paralysis, Tendon Guard, Spinal Perez Reflexes
- Motor function and the Limbic System
- Muscle tension and repressed feelings
- Frontal Lobes, the Limbic System and BRMT
- Autism and BRMT- emotional self-regulation

[Course Detail](#)

Date: **13 - 14 June 2017**

Time: **9.00am - 4.00pm daily**

Venue: To be confirmed

LEVEL 3 COURSE
PRE-REQUISITE EC
PART 1 OR LEVEL 1

BRMT for Reading,
Writing, Vision and Dyslexia

This course deals with how our reading and writing ability is affected by vision, articulation and motor ability. We learn how to improve reading and writing ability with rhythmic exercises and reflex integration. Emphasis on recognizing visual problems and improving vision and reading by combining rhythmic and visual exercises.

Some of the topics included in this course:

- Vision challenges, Accommodation, Binocular Vision, Convergence & Phorias
- Speech and the cerebellum
- BRMT and dyslexia
- Hemispheric specialization
- Identifying reflexes & movements

Reflexes taught in this class- ATNR, Plantar, Babkin, Grasp, Hands Pulling and expanded look at STNR, FPR, Moro and TLR.

[Course Detail](#)

Date: **16 - 17 June 2017**

Time: **8.30am - 4.30pm daily**

Venue: To be confirmed

ABOUT THE TRAINER



Kate Wagner, MA

Kate Wagner, MA is the U.S. distributor of Dr. Blomberg's original work, BRMT. She is the most highly trained RMT instructor in USA with over 800 class hours training with the founder, Dr. Harald Blomberg, since 2012. Her position involves training and licensing BRMT consultants and instructors as well as editing and publishing all the English manuals and books Harald Blomberg produces. As she teaches around the country she witnesses many changes in people in class and gets feedback from course participants about the positive changes they experience with their clients and children. Kate is a master educator with over 20 years of teaching experience. She came to this work for her family and students and stayed because of the many personal benefits she experienced.

ABOUT BLOMBERG RMT



Dr. Harald Blomberg

Blomberg RMT is a comprehensive, holistic program that includes courses in dream interpretation (Dr. Blomberg's favorite course to teach), Diet (since food is medicine), a course for those who work with Cerebral Palsy, classes for OTs and PTs who work with adults (BRMT and Pain Management), BRMT for Kindergarten (ages 2-8), Exceptional Children for those who aren't able to use muscle testing, and In-Depth courses for each level which are like a master class of theory and application. Each course teaches a different combination of reflexes and how to stimulate key parts of the brain. It is required that everyone start with the Level 1 course and then move freely throughout the program's offerings.

PAYMENT DETAILS

COURSE FEE STRUCTURE

Maximum 20 pax per course only!

- | | |
|---|--------------------|
| • Individual BRMT courses | S\$600 <i>each</i> |
| • BRMT Level 1 + BRMT and Diet in Autism and ADD/ADHD
(2 courses in total) | S\$1,000 |
| • BRMT Level 1 + BRMT Level 2
(2 courses in total) | S\$1,200 |
| • BRMT Level 1 + BRMT Level 3
(2 courses in total) | S\$1,200 |
| • BRMT Levels 1, 2 and 3 + BRMT and Diet
in Autism and ADD/ADHD (4 courses in total) | S\$2,000 |

Course fees include course manual, certificates and 2 tea breaks daily (lunch not provided but can be arranged with prior notice).

Private consultation with Kate Wagner is available. **Please contact Angela before 9 June 2017 for details and to arrange for an appointment.**

To register, please complete the registration form attached and email to angela.lim@thebalancingact.sg with payment details.

PAYMENT TO

By Cheque or Bank Transfer:

The Balancing Act Consulting SG Pte Ltd

UOB Current Account Number: 422-307-004-8

Swift Code: UOVBSGSG

Branch Code: 495

Full payment must be made at least one (1) month before the start of the course to secure a slot. Please note that in the event that a participant is unable to attend the course with a valid reason, the course fee is non-refundable.

REGISTRATION FORM

BLOMBERG RHYTHMIC MOVEMENT TRAINING (BRMT)

(Please print neatly and clearly):

Register Me In

- BRMT Level 1** 8 – 9 June 2017
BRMT and Primitive Reflexes
-
- BRMT and Diet in Autism and ADD/ADHD** 10 – 11 June 2017
-
- BRMT Level 2** 13 – 14 June 2017
Emotions and Inner Healing
-
- BRMT Level 3** 16 – 17 June 2017
BRMT for Reading, Writing, Vision and Dyslexia

Name: _____
(to be printed on the certificate)

Organisation: _____

Occupation: _____

Mailing Address: _____

Contact Number: _____ (HP) _____ (Office)

Email Address: _____

- Please recommend nearest accommodation to training location.
- Dietary restrictions (Please specify: _____)